

# YOGABLU CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>MORNING CLASSES</b>						
	<b>6:30 - 7:30 AM</b> Rise + Flow Terra Lee Berlinski		<b>6:15 - 7:15 AM</b> Rise + Flow Elizabeth Smedley		<b>8:00 - 9:15 AM</b> Power Yoga Kate Berlin	
<b>8:30 - 9:45 AM</b> Yoga Flow Kelsey Wooten	<b>8:30 - 9:45 AM</b> Yoga Flow Terra Lee Berlinski	<b>8:30 - 9:45 AM</b> Yoga Flow Scott Temples	<b>8:30 - 9:45 AM</b> Yoga Flow Amanda Riker	<b>8:30 - 9:45 AM</b> Yoga Flow Andie Kramer	<b>9:30 - 11AM</b> Yoga Flow Kate Berlin	
<b>10:00 - 11:15 AM</b> Conscious Flow Andrea Behler	<b>10:00 - 11:15 AM</b> <b>Hot Yoga</b> Griselda Colucci	<b>10:00 - 11:30 AM</b> Vin Yin Scott Temples		<b>10:00 - 11:15 AM</b> Power Yoga Elizabeth Smedley	<b>11:30 - 12:45 PM</b> <b>Hot Yoga</b> Jonathan Barrett	<b>10:00 - 11:30 AM</b> <b>Hot Yoga</b> Jonathan Barrett
	<b>12:00 - 1:00 PM</b> Power 60 Griselda Colucci	<b>12:00 - 1:00 PM</b> Gentle Yoga Kate Berlin	<b>12:00 - 1:00 PM</b> Power 60 Griselda Colucci			
<b>EVENING CLASSES</b>						
				<b>4:00 - 5:15 PM</b> Stretch + Restore Aida Abdurahman		
<b>5:30 - 7:00 PM</b> <b>Hot Yoga</b> Scott Temples		<b>6:00 - 7:15PM</b> Power Yoga Amanda Riker		<b>5:30 - 6:45 PM</b> Vin Yin Scott Temples		
<b>7:30 - 8:45 PM</b> <b>Hot Power Yoga</b> Allison Lupica	<b>6:00 - 7:15 PM</b> Yoga Flow Jessica Yatooma		<b>6:00 - 7:15 PM</b> Power Yoga Danielle McCourt			
	<b>7:30 - 8:45 PM</b> <b>Hot Yoga</b> Allison Lupica	<b>7:30 - 8:45 PM</b> <b>Hot Yoga</b> Elise Caruthers	<b>7:30 - 8:45 PM</b> Gentle Yoga Danielle McCourt			

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