

YOGABLU CLASS SCHEDULE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--|--|--|---|---|---|---|
| MORNING CLASSES | | | | | | |
| | 6:30 - 7:30 AM Power Hour Terra Lee Berlinski | | 6:15 - 7:15 AM Power Hour Elizabeth Smedley | | 8:00 - 9:15 AM Power Yoga Kate Berlin | |
| 8:30 - 9:45 AM Conscious Flow Andrea Behler | 8:30 - 9:45 AM Yoga Flow Terra Lee Berlinski | 8:30 - 9:45 AM Core Yoga Scott Temples | 8:30 - 9:45 AM Yoga Flow Amanda Riker | 8:30 - 9:45 AM Yoga Flow Andie Kramer | 9:30 - 11AM Yoga Flow Kate Berlin | |
| 10:00 - 11:15 AM Conscious Flow Andrea Behler | 10:00 - 11:15 AM Core Yoga Aida Abdurahman | 10:00 - 11:30 AM Vin Yin Scott Temples | | 10:00 - 11:15 AM Power Yoga Elizabeth Smedley | 11:30 - 12:45 PM Hot Yoga Jonathan Barrett | 10:00 - 11:30 AM Hot Yoga Jonathan Barrett |
| | 12:00 - 1:00 PM Lunch Hour Yoga Aida Abdurahman | 12:00 - 1:00 PM Gentle Yoga Kate Berlin | 12:00 - 1:00 PM Lunch Hour Yoga Griselda Colucci | | | |
| EVENING CLASSES | | | | | | |
| | | | | 4:00 - 5:15 PM Stretch + Restore Aida Abdurahman | | |
| 5:30 - 7:00 PM Hot Yoga Scott Temples | | 6:00 - 7:15PM Buti Yoga Amber Allechi | | 5:30 - 6:45 PM Vin Yin Scott Temples | | |
| 7:30 - 8:45 PM Hot Power Yoga Allison Lupica | 6:00 - 7:15 PM Yoga Flow Jessica Yatooma | | 6:00 - 7:15 PM Core Yoga Danielle McCourt | | | |
| | 7:30 - 8:45 PM Hot Yoga Allison Lupica | 7:30 - 8:45 PM Hot Yoga Elise Caruthers | 7:30 - 8:45 PM Gentle Yoga Danielle McCourt | | | |