

YOGABLU CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING CLASSES						
	6:30 - 7:30 AM Power Hour Terra Lee Berlinski		6:15 - 7:15 AM Power Hour Elizabeth Smedley		8:00 - 9:15 AM Power Yoga Kate Berlin	
8:30 - 9:45 AM Core Flow Andrea Behler	8:30 - 9:45 AM Yoga Flow Terra Lee Berlinski	8:30 - 9:45 AM Core Yoga Scott Temples	8:30 - 9:45 AM Yoga Flow Amanda Riker	8:30 - 9:45 AM Yoga Flow Andie Kramer	9:30 - 11AM Yoga Flow Kate Berlin	8:30 - 9:45AM Prenatal Yoga Bri Sturm
10:00 - 11:15 AM Power Flow Andrea Behler	10:00 - 11:15 AM Core Yoga Aida Abdurahman	10:00 - 11:30 AM Vin Yin Scott Temples	10:00 - 11:15 AM Warm Hatha Amanda Riker	10:00 - 11:15 AM Yoga Sculpt Elizabeth Smedley	11:30 - 12:45 PM Hot Yoga Jonathan Barrett	10:00 - 11:30 AM Hot Yoga Jonathan Barrett
	12:00 - 1:00 PM Lunch Hour Yoga Aida Abdurahman	12:00 - 1:00 PM Gentle Yoga Kate Berlin	12:00 - 1:00 PM Lunch Hour Yoga Andre Surovikin			
EVENING CLASSES						
				4:00 - 5:15 PM Stretch + Restore Aida Abdurahman		
5:30 - 7:00 PM Hot Yoga Scott Temples		6:00 - 7:15PM Buti Yoga Amber Allechi		5:30 - 6:45 PM Yoga Flow Scott Temples		
7:30 - 8:45 PM Hot Power Yoga Jessica Yatooma	6:00 - 7:15 PM Yoga Flow Jessica Yatooma		6:00 - 7:15 PM Core Yoga Danielle McCourt			
	7:30 - 8:45 PM Core Yoga Rachel Parr	7:30 - 8:45 PM Hot Yoga Terra Lee Berlinski	7:30 - 8:45 PM Gentle Yoga Danielle McCourt	7:00 - 8:15 PM Warm Yin Scott Temples		